

entertainment

Comedian Jimmy Tatro talks ambitions of a college dropout

By Kat Matthews

CAMPUS@TCU360.COM

Comedian Jimmy Tatro came to TCU to perform his comedy set, but his ambitions extend beyond his current comedy tour.

Tatro performed his stand-up "Memoirs of a College Dropout" for TCU students on Friday in the Brown-Lupton University Union Ballroom.

During his set, he joked about his past relationships and recounted his arrest during his first year in college.

His performance at TCU was filmed and could potentially be produced as a stand-up special that may appear on his YouTube channel, Life According to Jimmy.

Tatro, however, is trying to bring his comedy to more than just the computer screen.

Tatro said he is pitching a comedy show to various networks and starting plans for his own production company. He has just finished co-writing a screenplay with Eric Falconer, the creator of "Blue Mountain State."

"There's a lot going on," Tatro said. "But I just have a lot of things in development right now that I'm pretty excited about."

His most recent venture is his pitch for a comedy show based on his YouTube series "6th Grade

Sleepovers". The videos, Tatro said, are based on the weird things middle school boys talk about as they are entering a new level of sexual awareness.

"I've had a lot of fun exploring in those other videos, and we've done so many, I was just like 'we should just do this. We should just make a series or something,'" Tatro said.

Having multiple projects in development is leading Tatro to contemplate founding his own production company.

Tatro said with the intricacy of his YouTube videos, he wants a staff that can do the parts of production he does not enjoy.

Tatro said he wants to focus on the writing and performing aspects of his comedy. His idea for a production company would be reminiscent of Adam Sandler's Happy Madison Productions, he said.

For now, Tatro is focusing on getting his comedy to a broader audience while balancing his personal and public life.

"I try to keep [work] on the weekdays and hang out with as many of my friends and family as I can on the weekends," he said.

With his rise in popularity and fame, Tatro said his personal life has had to take on a business structure.



HANK KILGORE / TCU 360

LIVE Comedian Jimmy Tatro came to TCU to perform his show "Memoirs of a College Dropout."

riff ram, instagram!



@TCU_ATHLETICS

BASEBALL As the season begins, TCU athletics has been sure to highlight the team on Instagram. To see your picture featured, hashtag your photo #skiffx360.

The Skiff by TCU360

Fort Worth, TX 76129

TCU Box 298050



360@tcu360.com
Phone (817) 257-3600, Fax (817) 257-7133
Skiff Editor: Jocelyn Sitton
Associate Editor: Victoria Knox
Design Editor: Malia Buthe
Multimedia Editor: Abbie Maynard and Evan Watson
Student Publications Adviser: Robert Bohler

Business Manager: Leah Griffin Advertising Manager: Abigail Yonker Director of Student Media: Kent Chapline Chair, Department of Journalism: John Tisdale

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events calendar

th03^{The Live Oak presents}
Sara & The Saratones

► Where: 1311 Lipscomb Street

▶ When: 5 p.m.

► Cost: Free

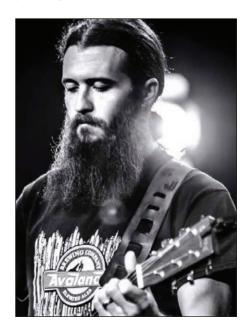


f04Billy Bob's presents Cody Jinks

► Where: 2520 Rodeo Plaza

▶ When: 10:30 p.m.

► Cost: \$12-16



Sa05 The Live Oak presents Jacob Furr

▶ Where: 1311 Lipscomb Street

▶ When: 6 p.m.

► Cost: Free

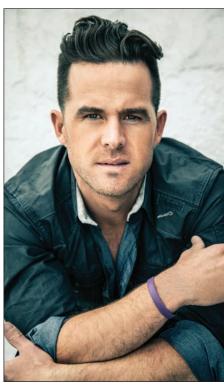


Sa05Billy Bob's presents David Nail

► Where: 2520 Rodeo Plaza

▶ When: 9 p.m.

► Cost: \$16-22



SU06 Harvest America Music Festival

▶ Where: 1 AT&T Way, Arlington

▶ When: 5:30 p.m.

► For more info: visit harvestamerica.com



w09 open Mike Night Where: 2200 N Lamar St.,

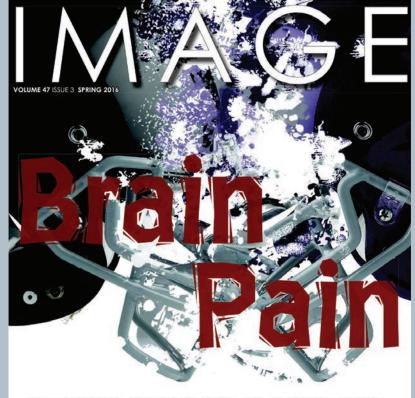
Dallas

▶ When: 6:30 p.m.

► Cost: Free



New IMAGE on stands NOW!



CONCUSSION REPORTS RISE AS PLAYERS LEARN EFFECTS OF HEAD TRAUMA

University Next Door Neighbors feel effects of rising Frog numbers Rx for Med School Two schools join forces to build Fort Worth's only M.D. program Foodie Professor An honors professor shares a special cinammon roll recipe

Get to Student Media



The Skiff, our vibrant newspaper, brings you more in-depth stories, more pictures, and more campus news every Thursday.

If you're looking to stay up to date with the most recent news, head to our website, tcu360.com, where we're all news, all the time.





Highlighting students on campus, Image magazine returns to news stands in the Spring with a brand new feature-packed issue.

Broadcast from our studio right here on campus, News Now and Sports Now produce daily programs, bringing the news right to your television or computer screen.



health benefits

Chancellor Boschini announces grad student insurance

By Shane Battis

CAMPUS@TCU360.COM

Some graduate students can now have three-quarters of their health insurance paid for by TCU.

Chancellor Victor Boschini made the announcement to students at the Graduate Forum on Friday. He said the addition to the Student Health Plan, which costs roughly \$2,000, will be activated this fall.

Approximately 300 assistantship or fellowship grad students qualify for this benefit, Dean of Graduate Studies Bonnie Melhart said.

Assistants are students paid to help teach classes with a professor or conduct research. Fellowship students are paid for their full-time studies without research and teaching duties.

"We've had students who were not taking insurance, and that is very disturbing," Melhart said.

The cost of health insurance was a concern graduate students raised at previous forums, Melhart said. Some students, she said, have been paying for their insurance out of pocket or weren't buying it at all.

Melhart said she hopes these students sign up for



SHANE BATTIS / TCU 360

HEALTH CARE Chancellor Boschini and Dean of Graduate Studies Bonnie Melhart met students at the Graduate Forum Friday and told them about the new policy.

insurance now that it's less expensive.

Jackie Hoermann, president of the Graduate Student Senate (GSS), said health insurance has been on her platform since she started running for office last year. She said she'd heard several testimonies from students who couldn't afford to go to doctors or had to pay for surgeries themselves because they weren't insured.

Hoermann said taking care of physical and mental health is critical since "people can't perform at their

best when they're not feeling their best."

Many students, she said, have dropped out of school because they couldn't afford both their studies and healthcare needs. She said it can be especially difficult for non-traditional students who have to support their families.

Hoermann also said she thinks the insurance bonus is a great first step in spreading awareness about the needs of graduate students.

Jay Jay Stroup, vice president of GSS, talked about the importance of communication between the GSS and their constituents.

Stroup said the senate made an official email account this year so it can bypass faculty members and converse with students directly about changes the students want. She said the GSS has already received positive feedback about the insurance announcement.

Stroup, a long-time advocate for health care benefits, encourages students to voice their needs to the senate so they can be addressed.

"More graduates need to consistently ask for benefits and things that we want," she said. "Eventually, change will come."

nasa

Spaceman back from record year flight, gives thumbs up

By Marcia Dunn

ASSOCIATED PRESS

CAPE CANAVERAL, Fla. —
Astronaut Scott Kelly returned to
Earth on Wednesday after an unprecedented year in space for NASA,
landing in barren Kazakhstan with a
Russian cosmonaut who shared his
whole space station journey.

Their Soyuz capsule parachuted onto the central Asian steppes and ended a science-rich mission at the International Space Station that began last March and was deemed a steppingstone to Mars.

It was a triumphant homecoming for Kelly and Mikhail Kornienko after 340 days in space. Kelly pumped his fist as he emerged from the capsule, then gave a thumbs up. He smiled and chatted with his doctors and others, as photographers crushed around him in the freezing cold.

"The air feels great out here," NASA spokesman at the scene, Rob Navias,

quoted Kelly as saying. "I have no idea why you guys are all bundled up."

Clearly animated and looking well, he said he didn't feel much different than he did after his five-month station mission five years ago.

Kelley and Kornienko had checked out of the space station $3\frac{1}{2}$ hours earlier. In total, they traveled 144 million miles through space, circled the world 5,440 times and experienced 10,880 orbital sunrises and sunsets during the longest single spaceflight by an American.

Kelly posted one last batch of sunrise photos Tuesday on Twitter, before quipping, "I gotta go!" His final tweet from orbit came several hours later: "The journey isn't over. Follow me as I rediscover # Earth!"

Piloting the Soyuz capsule home for Kelly, 52, and Kornienko, 55, was the much fresher and decade younger cosmonaut Sergey Volkov, whose space station stint lasted the typical six months.



NASA

A YEAR IN SPACE Astronaut Scott Kelly spent 340 days in space before his return Wednesday.

The two yearlong spacemen faced a series of medical tests following touchdown. Before committing to even longer Mars missions, NASA wants to know the limits of the human body for a year, minus gravity.

As he relinquished command of the space station Monday, Kelly noted that he and Kornienko "have been up here for a really, really long time" and have been jokingly telling one another, "We did it!" and "We made it!"

"A year now seems longer than I thought it would be," Kelly confided a couple weeks ago.

Not quite a year — 340 days to be precise, based on the Russian launch and landing schedule. But still record-smashing for NASA.

technology

Pilot for eCollege replacement starts soon

By Kaylee Bowers

CAMPUS@TCU360.COM

eCollege is heading out, and the test for the new program is coming soon.

The pilot program for D2L's Brightspace, which will replace eCollege and be called TCU Online, begins next fall, said Romana Hughes, the assistant provost of educational technology and faculty development, who is overseeing the transition.

A maximum of about 35 faculty members and 4,000 students will be in the pilot, Hughes said.

The overarching goal is to go live with TCU Online in spring 2017, incorporating classes from the spring, then the summer and finally the fall, she said.

Transition project members are working to make the switch easy for

both faculty and students so they can log on and find their course, Hughes said.

So far, it seems to be working, she said, but training for students and faculty will be needed because the platform has so many tools.

All students will be enrolled in an online orientation for TCU Online, said Kerrie Meister, the project lead of switching out of eCollege. She said she hopes to target incoming students to get them working with the program early on.

"The idea is to try and provide different types of learning opportunities for faculty, and students as well, for how they want to learn," said Joanna Schmidt, who is developing the training.

Online training plans are not complete, but the team plans to finish them in time for the pilot.



KAYLEE BOWERS / TCU 360

TCU ONLINE Romana Hughes, Kerrie Meister, Joanna Schmidt and Desmond Morris are leading the transition out of eCollege.

Lunch meetings are being held for faculty members selected to participate in the pilot tomorrow and March 14, Hughes said.

There, faculty members will see a demo of the program and will start committing to the pilot.

"It's going to be a stretch to learn it a little bit, but any new software kind of goes that way," said Billy Farmer, a faculty member who was part of the group that evaluated available systems during the eCollege replacement process.

campus controversy

No charges for students behind racial slurs at Texas A&M

ASSOCIATED PRESS

COLLEGE STATION, Texas — No charges will be filed after an incident at Texas A&M University in which black high school students touring campus reported being subjected to racial slurs and taunts, the university said Wednesday.

University police said in a statement that they closed their investigation into the Feb. 9 incident after interviewing several witnesses, including the high school students and teachers on the tour.

One Texas A&M student allegedly approached two of the high school students and told them to look at her Confederate flag earrings. According to police reports released Wednesday, other A&M students shouted, "Go back where you came from," and used a slur.

But several Texas A&M students denied using or hearing the slur, or shouting anything at the tour group other than, "Howdy," a common greeting on campus. One student acknowledged heckling a high school student about wearing a University of Texas backpack — a reference to A&M's biggest rival.

No video of the incident has emerged.

"We have no proof of who may have said it," wrote a local prosecutor in a report released



DAVE MCDERMAND / COLLEGE STATION EAGLE VIA AP

RACIAL SLURS Texas A&M student Hope Beitchman, a member of Texas A&M Hillel, takes letters from students passing by her station set up to collect apology notes for high school students being subjected to racial slurs during a campus tour. No charges will be filed after the incident, the university said yesterday.

Wednesday as part of the police investigative file.

One student has left the university since the incident, Texas A&M President Michael K. Young told The Associated Press on Wednesday. But Young declined to say whether the student was expelled or if any others were disciplined, citing a federal law on

student privacy.

About 90 miles outside of Houston, Texas A&M is one of the largest and most prestigious universities in the state. Its student body is just 3.4 percent African-American, and black student leaders have described hearing insensitive comments on campus and in online forums.

The university has announced several programs in response to the incident. All incoming students will now attend mandatory seminars on diversity, and student group leaders will be required to undergo training on "conducting effective dialogues and meaningful conflict resolution," Young said in a letter to students.

University students also organized a campaign to send thousands of handwritten apology notes to the high school whose students had been touring campus

Young said he hoped to reach everyone on campus, particularly students who might not want to discuss diversity or racial insensitivity on their own.

But, he added: "There's no magic bullet. There's nothing I can put in the water that everybody has to drink, and all of a sudden everybody's going to understand."

TCU Endowed Chairs and Professorships



RECOGNIZING LEADERS IN ACADEMIA

At the annual Endowed Chairs and Professorships Dinner last month, TCU honored faculty who hold prestigious endowed positions, as well as the donors who established them. **BOTTOM ROW FROM LEFT:** Dr. Charles R. Greer, Dr. Larry Lockwood, Dr. Molly Weinburgh, Mr. Hunter Enis, Mrs. Shirley Enis, Dr. Linda Hughes, Mrs. Patti Brogdon, Dr. Larry Brogdon, Provost Nowell Donovan, Dr. Bill Moncrief, Dr. Claudia Camp, Mrs. Melinda Adams, Dr. Efstathios Michaelides, Dr. Sarah Robbins, Dr. Lindy Crawford, Mr. Jason Faubion, Dr. Susan E. Ramirez, Dr. Kara Dixon Vuic, Dr. David Cantrell, Dr. David Schmidt, Mrs. Teresa Schmidt, Mr. Glenn Adams **TOP ROW FROM LEFT:** Dr. Frederico Jose Xavier, Dr. Patrick Flynn, Mr. Chris Farley, Dr. Dennis Cheek, Dr. Karol Gryczynski, Dr. Richard Hanson, Dr. Mary Uhl-Bien, Dr. Eric Simanek, Dr. Marilyn Tolbert, Mr. Kevin Johnson, Dr. Richard Enos, Dr. Paul Schrodt, Dr. Paul Irvine, Dr. David Moessner, Dr. Mark Thistlethwaite, Dr. Alan Gallay

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Our very best wishes for a creative and productive semester.

Megan and Victor Boschini





presidential candidates

Clinton, Trump claim many victories on Super Tuesday



GERALD HERBERT / ASSOCIATED PRESS

ANDREW HARNIK / ASSOCIATED PRESS

By Julie Pace and Jill Colvin

ASSOCIATED PRESS

WASHINGTON — Republican Donald Trump and Democrat Hillary Clinton swept through the South on Super Tuesday, claiming victory in their parties' primaries in delegate-rich Georgia, Tennessee, Alabama and Virginia. The front-runners appeared ever more likely to end up in a general election showdown.

On the Republican side, Ted Cruz won his home state of Texas, the night's single biggest prize, as well as neighboring Oklahoma to keep his campaign alive. Democrat Bernie Sanders picked up his home state of Vermont, as well as Oklahoma, Colorado and Minnesota, but failed to broaden his appeal with minority voters who are crucial to the party in presidential elections.

The night belonged to Trump and Clinton, who turned the busiest day of the 2016 primaries into a showcase of their strength with a wide swath of American voters. Each candidate won seven states — most in the South but also in New England — with only the results of Alaska's Democratic caucus still to come.

Signaling her confidence, Clinton set her sights on Trump as she addressed supporters during a victory rally.

"It's clear tonight that the stakes in this election have never been higher and the rhetoric we're hearing on the other side has never been lower," she said.

Trump, too, had his eye on a general election match-up with the former secretary of state, casting her as part of a political establishment that has failed Americans.

"She's been there for so long," Trump said at his swanky Mar-a-Lago resort in Florida. "If she hasn't straightened it out by now, she's not going to straighten it out in the next four years."

Clinton also picked up wins in Texas, Arkansas and Massachusetts, nabbing her first victory in New England, while Trump carried GOP contests in Arkansas, Massachusetts and Vermont.

Trump's dominance has rattled Republican leaders, who fear he's unelectable against Clinton in November. Even as Trump professed to have good relationships with his party's elite, he issued a warning to House Speaker Paul Ryan, who declared earlier in the day that "this party does not prey on people's prejudices." Trump said that if the two don't get along, "he's going to have to pay a big price."

But all efforts to stop Trump have failed, including an aggressive campaign by Florida Sen. Marco Rubio to discredit the billionaire businessman.

For Rubio, Super Tuesday turned into a bitter disappointment. He emerged with his first victory in Minnesota but failed to live up to the wider hopes of the numerous Republican officeholders who have promoted him as the party's best alternative to Trump.

With an eye on Florida's March 15 primary, Rubio vowed to keep up efforts to "unmask the true nature of the front-runner in this race."

Cruz desperately needed his win in Texas in order to stay in the race. He beat Trump in three contests this primary season, more than any other Republican, a fact he wielded as he called on Rubio and other candidates to step aside.

"I ask you to prayerfully consider our coming together, united," Cruz said.

Trump won at least 175 Super Tuesday delegates,

while Cruz picked up at least 89. Overall, Trump leads the Republican field with 257.

Sanders' wins did little to help him make up ground in his delegate race with Clinton. She was assured of winning at least 441 of the 865 at stake on Super Tuesday. That's compared to Sanders, who had at least 262 delegates.

Trump's wins in the South were a major blow to Cruz, who once saw the region as his opportunity to stake a claim to the nomination. Instead, he's watched Trump, a brash New York real estate mogul, display surprising strength with evangelical Christians and social conservatives.

Republicans spent months largely letting Trump go unchallenged, wrongly assuming his populist appeal would fizzle. Instead, he's appeared to grow stronger, drawing broad support for some of his most controversial proposals.

In six of the states on Tuesday, large majorities of Republican voters said they supported a proposal to temporarily ban all non-citizen Muslims from entering the United States, an idea championed by Trump. Nine in 10 of Trump's voters were looking for an outsider, and half were angry with the government, according to exit polls conducted by Edison Research for The Associated Press and television networks.

In the Democratic race, Clinton has steadied herself after an unexpectedly strong early challenge from Sanders. The Vermont senator did carry his home state decisively, and told the crowd at a raucous victory party that he was "so proud to bring Vermont values all across this country."

Clinton was supported by at least 80 percent of black voters in the Deep South and Texas. She was also bolstered by women and older voters.

nutrition

Students promote food safety as summer approaches

By Brooke Morrissy

CAMPUS@TCU360.COM

TCU nutrition students plan to spread awareness of ways to adopt a healthy lifestyle.

Nutrition students hosted a health fair Tuesday to share tips on food safety and healthy living.

Elizabeth Green, senior nutrition major, gave advice on preventing foodborne illness both on and off campus, especially as summer approaches.

Since picnics are common in the spring and summer, Green warned against keeping food out too long.

"There's a danger zone between 40 degrees and 140 degrees and food between that range shouldn't be out for more than two hours," said Green.

For those who host cookouts this summer, Green suggests bringing out raw burger patties on one plate and then putting them on a separate clean plate once they're cooked.

"Food borne illnesses happen all the time. It's one of the most preventable and unreported illnesses," said Green.

Other tips to help prevent foodborne illness and cross-contamination include washing your hands, using separate cutting boards when cooking and rinsing off your fruits and vegetables before you eat them.

Senior political science major Ethan Bixby said he learned more about how to cook meat.

Because of the fair, Bixby learned that he can put raw meat in a crockpot.

"You've just got to cook it for the right amount of time," he said.

The health fair was put on through the community nutrition class that requires students to host a health fair of their choice.

To remind students about food safety, nutrition students handed out plastic cutting boards, hand



ROOKE MORRISSY / TCU360

AWARENESS Nutrition students host a health fair to share tips on food safety and healthy living.

sanitizers, bottle-openers, magnets and lunch boxes.

Bixby said, "[The fair] definitely inspired me to cook healthy meals at home."

Classifieds

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Professional shares tips for long flights



RAJANISH KAKADE / ASSOCIATED PRESS

PACK SMART For long flights, Brandon Presser suggests packing smart, drinking lots of water and avoiding alcohol.

By Alicia Rancilio

ASSOCIATED PRESS

NEW YORK — Professional nomad Brandon Presser has been on countless long flights.

Presser has some tips for flying so you're ready to hit the ground running when you arrive.

Pack smart

"I pack pretty methodically for a long flight in my carry-on. I have a kit that has everything that you would want, eye drops, Advil, moisturizer."

Hydrate, hydrate, hydrate

"I drink a ton of water, mostly because it gets you up to go to the bathroom and you stretch your legs. Drinking a lot of water really helps. And drinking way more than you think. Way more. Have you seen what an empty (water) bottle looks like at the end of a flight? All crumpled? That's what flying does to your insides. If you're like, 'Oh, I've had a liter of water. I'm fine.' No, no, no. Drink two."

Avoid alcohol

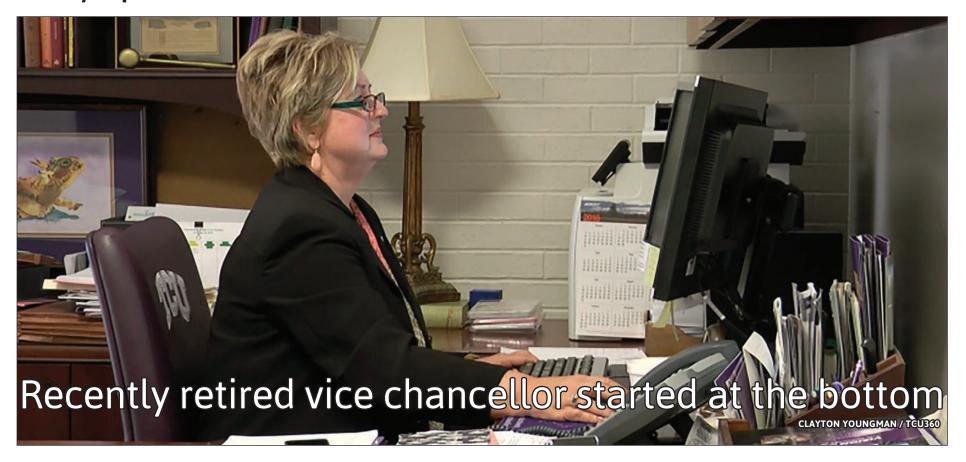
"Don't drink alcohol on a flight. I mean, it's fun but it really does damage. I find that I bounce back a lot quicker than everyone else because I follow these very simple things."

Skip the sleeping pill

"I never take sleeping pills on a flight, ever, just in case I need to be lucid. Take a sleeping pill when you get there and get checked into the hotel and it's really time to go to bed."



faculty experience



By Clayton Youngman

CAMPUS@TCU360.COM

Karen Baker never thought she was was too good for a job.

Typing tests, filing mail, taking students to soccer practice, coordinating events, assisting the chancellor – someone asks, she does.

"I've never considered any task something that I shouldn't have to do or wouldn't do at all," she said.

That philosophy led to a storied career at TCU – one that has reached its final chapter. Baker, the university's vice chancellor of human resources, retired Feb. 29.

In more than 23 years, she did everything short of literally climbing a ladder.

Her first position

Fort Worth was the final stop.

Baker was a stay-at-home mom for 16 years. Her husband, Larry, worked for a railroad company. He was transferred a lot: 12 times in 18 years.

She had just finished her bachelor's degree in English literature as a nontraditional student at St. Cloud State University in Minnesota. After moving to Fort Worth in 1992, a friend convinced Baker to apply for a job at TCU.

She interviewed for a position in human resources and ended up getting a job as a typist in the Neeley School of Business.

It was an hourly position. Baker worked on the third floor of Dan Rogers Hall in the now defunct Support Services Center. She typed exams for professors, proofread professional journal articles filed mail, whatever faculty needed.

"I don't think I crossed University once," Baker

said. "You kind of stayed on your side of campus."

Moving up

After four years, Baker moved on to a new department and a promotion.

As an administrative assistant position in residential services, now known as housing and residence life, she made flyers, helped with housing assignments and handled communications for the department.

Soon, she became the associate director of residential services. She was responsible for various duties in the department including housing assignments.

Baker remembers the major housing crunch of the late 90s when TCU's popularity soared as the university's national reputation grew.

"We had enough housing and then all of a sudden TCU became hotter and hotter," she said. "That's when we started doubling up, tripling up rooms and using lounges."

After moving from the Neeley School to Residential Services, Baker started working her way up the department.

Space got so tight that students were temporarily housed in a hotel near Hulen Mall.

"I would literally drive students back and forth," she said. "I remember taking young students to soccer practice or getting them there for band practice."

While she was the associate director, Chancellor William Tucker decided to step down.

After the announcement, he paid Baker a visit.

"He was standing right out front of my office and I just remember thinking, 'I'm happy to help you, what can I do for you?" Baker said.

'Overwhelmed'

Tucker asked Baker to be on the search committee to find his replacement.

"I never knew why he had zeroed in on me to ask me to serve on this particular committee."

That committee hired Michael Ferrari as chancellor. A few years later, Baker was elected chair of the Staff Assembly. She only served for a year, but it was long enough.

When Ferrari announced his retirement in 2003, Baker was named to the search committee for his replacement.

Members of the search committee were asked to be guides for the finalists — "their chauffer, so to speak," Baker said.

Victor Boschini, then the president of Illinois State University, was among the finalists. Baker was his guide.

"We got to know each other very well during that time, and I was delighted when he was selected," Baker said.

Boschini chose Baker to be an "assistant to the chancellor."

"When I interviewed with the chancellor, I told him I don't have to be front and center," Baker said. "I am more than happy to be someone in the background saying, 'Let me help you get your job done."

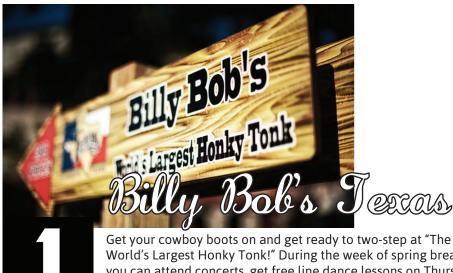
The assistant to the chancellor position evolved into the chief of staff.

She did everything from write letters on Boschini's behalf to manage the chancellor's cabinet. The job also included secretary duties for the Board of Trustees.



TOP 10 OPTIONS IF YOU'RE A

BY: SIERR



Get your cowboy boots on and get ready to two-step at "The World's Largest Honky Tonk!" During the week of spring break you can attend concerts, get free line dance lessons on Thursday night or watch real-life bull riding on Friday. The David Nail concert is on Saturday and the Billy Currington Summer Forever Tour is on March 11. Tickets can be purchased online at billybobstexas.com.



Fort Worth has brought back the Drive-In! Grab some popcorn and get ready for a good old-fashioned experience. The Coyote Drive-In is now showing box office hits like Zoolander 2 and How To Be Single. If you are 21, you can participate in "Wine Down Wednesday" where they offer half price on all bottles of wine. Check their website for show times.



Come on down Garden to see be the world! From can walk amone exotic butterflie in the rainfores a 10,000 square more than 700 are \$10.



Monkey around over break! The Fort Worth Zoo is home to 7,000 native and exotic animals. Spend a day walking around the 12 exhibit areas where you can visit Penguins, the World of Primates, Asian Falls, Raptor Canyon, Cheetahs, Flamingo Bay, Meer Kat Mounds, Australian Outback, African Savannah, Parrot Paradise, Texas Wild!, and the Museum of Living Art. On Wednesday you can even help name the western lowland gorilla baby.



Get your salsa on! Fort Worth is home to some of the most delicious Tex-Mex restaurants in the nation. One of the most popular amongst locals and tourists is Joe T. Garcia's. Joe T.'s is located in the stockyards. Guests can enjoy their famous margaritas and old-school Mexican combo plates in a beautiful hacienda-style garden courtyard.



ROUND TOWN OVER THE BREAK



to the Fort Worth Botanic utterflies from around n March 1 – April 3 you gst thousands of beautiful es. The butterflies will be t conservatory, which is foot glass building with species of plants. Tickets



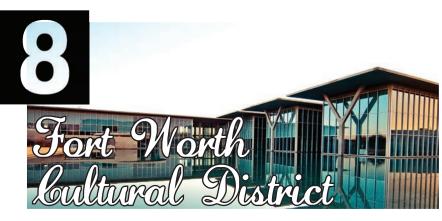
Downtown Fort Worth is one of the cleanest, liveliest and safest urban areas. Sundance Square is a 35-block shopping and entertainment district where one can shop, dine, party and attend different performance venues.



Look no further for your premiere party destination. West 7th has everything you need! With happy hours, patios, live music and more, West 7th will show you and your friends a great time.



Opening weekend for Six Flags is Saturday and Sunday. Six Flags is about 30 minutes away from campus and tickets are only \$19.99 March 5-6. You can enjoy a plethora of twists and turns on the Titan, Shock Wave, Texas Giant and many



Fort Worth is home to twelve museums ranging from the city's Western heritage to Modern Art. Six of the museums are located in the Fort Worth Cultural district's park-like setting where you and your friends can learn about history and broaden your horizons.



Spend a day bettering yourself. You can jog along the Trinity Trails River or rent a bike at one of the many Fort Worth Bike Sharing stations located around the city. Fort Worth also has many unique workout facilities. Zyn22 is a unique cycling class where you can "party on a bike." The workout includes a rave-like atmosphere, synchronized cycling and upbeat instructors. Box your way to get endorphins at 9-Rounds Kickboxing on Berry Street or find your inner Zen at Core Power Yoga. The options are endless.

sports calendar. men. women. baseball. beach volleyball. basketball. tennis. equestrian.



GOFROGS.COM

BASEBALL TCU player Elliott Barzilli bats against Houston on Feb. 28. The Frogs won 10-1.

sports calendar

th03^{Beacil} Volleyball vs. Colorado Mesa

7 p.m. in Tucson, Arizona

Beach Volleyball

11 a.m. in Tucson, Arizona

Beach Volleyball

3 p.m. in Tucson, Arizona

Baseball vs.
Gonzaga

6:30 p.m. in Fort Worth

Women's Basketball in Phillips 66 Big 12 Women's Basketball Championship

8:30 p.m. in Oklahoma City, Oklahoma

2 p.m. in Fort Worth



SHARON ELLMAN / GOFROGS.COM

SAND SPORTS The TCU beach volleyball team scrimmaged at the TCU courts on Feb. 27. The team travels to Tuscon Arizona to play Cal Poly and Arizona tomorrow.

get your facts straight **about TCU Sports**

Runs scored by TCU baseball last week

Batting average by TCU baseball, it leads in the Big 12

Wins by the Lady Frogs to finish the regular season

Times in the last two seasons the Lady Frogs overcame an eight -point deficit to win

Points off turnovers by men's basketball against Baylor

Percent of free throws made by men's basketball on Feb. 27

Wins in the season by men's tennis player, Cameron Norrie

Victories of the season over the Illini by men's tennis

men's soccer

Club team's success unknown to students

By Molly Jenkins

SPORTS@TCU360.COM

TCU men's club soccer is looking for a league that has spring play.

Currently, the club team only competes in the fall within the Texas Collegiate Soccer League as a part of the Lone Star North Conference.

"We are currently trying to get an indoor league started for the beginning of the spring semester," said defensive midfielder, Connor Driscoll.

Although the team is not well known among the non-soccer playing portion of the TCU community, their competitive success is evident, center midfielder Matthew Cantwell said.

"Last year we beat the number one

nationally ranked men's club team, Texas A & M," Cantwell said. "And two year's prior, the club team made it to nationals."

The team has been invited to regionals the past four years. Attending regionals is a big deal because only two teams in TCU's division are invited, said Griffin Bryant, the team president.

"We haven't had more than two losses each year," Bryant said.

Although TCU men's club soccer does not play competitively in the spring, many college soccer programs do

Even though many male soccer players at TCU are aware of the club team and their recent successes, most students appear unaware of the team. On rare occasions a few people will attend the team's matches, said Bryant.

Driscoll said that "At a home game this year we had one fan," said Driscoll." More students getting into the sport and attending home games would be awesome."

Although TCU does not have an NCAA team due to Title IX, the benefit of playing for a college club team is that players can live a more balanced life.

"It's a great program here because it's not super committed and they still make you focus on your grades and school," Bryant said.

Cantwell and Driscoll agreed with Bryant.

The team usually has a standing roster of 42 players and an active roster



GRIFFIN BRYANT

REGIONALS The men's club soccer team has been invited to regionals the past four years.

of 20, said Bryant.

The current team contains many seniors, which means a variety of key positions will be available next fall.

The team will hold tryouts, on the second day of classes next fall.

baseball winning streak

Frogs blank UT-Rio Grande Valley, 13-0

By Garrett Podell

SPORTS@TCU360.COM

The TCU Horned Frogs picked up where they left off in Houston by defeating the UT-Rio Grande Valley Vaqueros 13-0 Tuesday night in a seven-inning game.

The NCAA Run Rule caused the game to end after the top of the seventh inning because TCU led by more than 10 runs after the Vaqueros had come up to bat seven times.

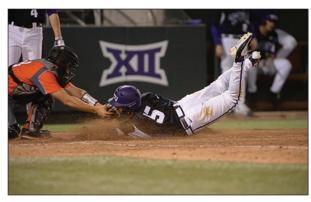
The win improves the Horned Frogs' record to 4-1 at Lupton Stadium and 7-1 overall.

The Frogs scored early and often, with their first two runs of the game coming after the team's first two at-bats. First baseman Connor Wanhanen walked to lead off the game, and second baseman Cam Warner connected on a 2-2 pitch that sent the baseball sailing over the wall for his first home run at TCU.

"I thought that Warner's home run early in the game took some pressure off and we took advantage of how many times they walked us," Head Coach Jim Schlossnagle said.

In the third inning, TCU broke the game open by scoring seven runs, including a bases-loaded triple by third baseman Elliot Barzilli, which turned into an inside-the-park home run after a throwing error by UTRVG left fielder Joseph Collazo.

In TCU's four-run fifth inning, Horned Frogs freshman phenom Luken Baker padded his offensive numbers with a two-run RBI single to go along with his three



GOFROGS.COM

FROGS VS. VAQUEROS Ryan Merrill slides home against UT-Rio Grande Valley.

walks, one of which occurred with the bases loaded that drove in outfielder Ryan Johnson from third base.

Another component of TCU's dominate performance was the solid pitching by freshman starter Dalton Horton, sophomore reliever Drew Gooch and freshman reliever Dalton Brown.

"I thought Horton really pitched well once he settled into a groove and we're definitely going to need that before the season's over," Schlossnagle said. "As we have these mid-week games and the competition increases, he's going to have to pitch really well for us — or somebody is."

Horton pitched four shutout innings, struck out a couple batters, and only gave up three hits. Gooch pitched an inning and two-thirds, but was relieved by Brown after loading up the bases.

Brown struck out UTRVG catcher Austin Douglas to escape the bases-loaded jam in the top of the 6th inning, while also pitching a perfect seventh inning to end the ball game.

"I think anytime you see you're scoring runs and you hit balls hard and they fall in and you hit balls not so hard and they end up falling in, it's easy to have confidence from that, so the guys are feeling good about themselves and they should," Schlossnagle said. "We just have to keep our blinders on and continue to play good baseball."

The Horned Frogs return to Lupton Stadium at 6:30 p.m. Friday to open up a three-game series against the Gonzaga Bulldogs.



cowtown ultra-marathon

Fatigue forces top runner to withdraw from 50K race

By Bailey Kirby

COMMUNITY@THE109.ORG

When two-time gold medal winner, Camille Herron, prepared to start the Cowtown Ultra Marathon Sunday, she knew something wasn't right.

The Ultra Marathon consists of 50 kilometers, or 31.6 miles. The race is 5.4 miles more than a regular marathon.

The Cowtown added the Ultra Marathon in 2008 as a 30-year anniversary celebration. Though it was only supposed to last one year, the popularity generated by the event made it a permanent race.

"The Ultra Marathon is actually one of our fastest growing events, even though it is our smallest event by percentages," said Cowtown executive director Heidi Swartz.

In 2015, Herron was the World Champion for the 50K and 100K. She planned to run in the Cowtown Ultra Marathon in hopes of beating Janis Klecker's 1983 American record for the 50K.

This was Herron's first time participating in the Ultra Marathon. Though Herron planned on making her debut in the Ultra last year, the race was cancelled due to snow and ice.

"We will see if there will be a record or not," said Swartz. "Camille Herron from Oklahoma is trying to set the national record for the Ultra Marathon."

The route of the Cowtown Ultra Marathon is unique because it allows participants to run on the same route as marathoners, rather than on a trail.

"The runners run with the marathoners all the way up to mile 25 and then they break off and do about 5 miles on their own and then reconnect with the marathoners to finish the race," said Swartz. "Most ultras aren't done that way."

After a three-month race hiatus, Herron kicked off 2016 at the Cowtown 50K.

It was at the 10-mile mark that Herron was forced to withdraw. She said it was due to exhaustion and a lack of training.

"I won the 50K World Championship back in December and I took a break after that," said

Herron. "I probably made the mistake of not racing the past three months so I maybe came into today feeling a bit rusty and just felt flat."

She said she saw her husband at 10 miles and, in that moment, knew she would not be completing the race.

"This race felt different as I had a sense of overwhelming fatigue and lethargy from the get-go



THE109

NO COWTOWN FOR CAMILLE Camille Herron hydrates after withdrawing from the Cowtown Ultra Marathon. Herron was the World Champion for the 50K and 100K in 2015.

and lack of gusto in my whole body," said Herron.

Herron will make her trail debut in April and hopes to qualify for the Western States in June, the largest 100-mile run in the United States.

"Running to perform isn't just about putting in the training, but also, how everything else around you impacts your well-being," Herron writes on her website.

academics

College of Science and Engineering merges science, communication

By Connie Beltran

CAMPUS@TCU360.COM

Professors in the College of Science and Engineering are trying to help students better present their work and research to the public.

The college's new SciCom initiative emphasizes the importance of communication within the science fields. The initiative was introduced last fall.

Magnus L. Rittby, professor and senior associate dean of physics and astronomy, first learned of the idea from a presentation by the Alan Alda Center for Communicating Science in 2014, he said.

"They showed me samples of how graduate students had gone from being relatively poor presenters of their science to being...very good at presenting in a short time span just through their training," Rittby said.

Rittby said scientists have their own language they use and hide behind, but it is important to create new ways to communicate science.

Even though the idea of the SciCom initiative was introduced in the fall semester of 2015, the college has already started to create different events, such as workshops, that encourage students to expand their communication skills.

Now, the college has several ongoing projects throughout the semester in which science students collaborate with other departments.

One project, Science meets Art, encourages students to create art inspired by science.

Another project, Science meets Fiction, has students write fiction stories about the future of science and technology.

The college has scheduled two weeks, called SciCom weeks, dedicated to the celebration of science communication. The different events taking place will allow students to display and present their work.

Andrea Hein, digital content marketing coordinator for the College of Science and Engineering and strategic communication graduate student, worked with Rittby in brainstorming and defining what the initiative would look like

"I think it really adds to the well-rounded experience that you get here at TCU," Hein said. "Instead of just sending students out into the world with this one narrow skill set of being technical and expert in their field of science, they're going to have their skill set of being a communicator."

election coverage

Rattled Republicans seek strategy to stop Trump

By Kathleen Hennessy and Julie Pace

ASSOCIATED PRESS

WASHINGTON — Staring down the prospect of nominating Donald Trump for president, Republicans spiraled into a chaotic, last-ditch search Wednesday for a way to save the GOP from hitching its fortunes to an unpredictable celebrity candidate without alienating his throng of followers.

Sensing a window closing fast, GOP leaders and elder statesmen toggled through a menu of scenarios but landed on none. Some amplified calls to rally around a Trump alternative, even if that alternative is Ted Cruz, a prickly conservative with few friends in the party.

Others laid out still-hazy plans for a brokered national convention, an option likely to smack of the backroom dealing Trump fans despise. Some floated more extreme measures, talking of breaking from the party and starting anew.

"It's all a play to stall it or try to deny him the nomination," said Neil Newhouse, a GOP pollster. "And the problem with that is no one has the best scenario for how to do that."

The scrambling came as the billionaire candidate racked up commanding victories in seven of eleven



ANDREW HARNIK / ASSOCIATED PRESS

TRUMP TAKEOVER The Republican party is looking for a way to save the GOP from a Donald Trump nomination.

Super Tuesday primary contests, and the path to victory for his rivals narrowed. Trump's strength — which stretched from the Deep South to New England — exposed the depths of the divisions within the party, no matter who becomes the nominee in this election.

As Republicans surveyed the wreckage from Trump's surge, some argued there was still a chance to stop him. He was not yet on track to claim the nomination before the party's national gathering in July, according to an Associated Press delegate

count. He has won 46 percent of the delegates awarded so far, and he would have to increase that to 51 percent in the remaining primaries.

The GOP mayhem contrasted sharply with a clearer picture on the Democratic side, where Hillary Clinton on Tuesday locked down solid victories in seven states and was on the path to regaining her status as the inevitable nominee. Rival Sen. Bernie Sanders vowed to keep up the fight, campaigning in Maine on Wednesday.

Sanders, a fierce opponent of big money in politics, quoted director and screenwriter Adam McKay, winner of this year's Oscar for "The Big Short" adapted screenplay, who warned about candidates who take major contributions from "weirdo billionaires."

Republicans, meanwhile, looked for a wise man to calm the jitters and point the way.

Mitt Romney, their nominee four years ago, suggested he might try to fill that role. The former Massachusetts governor announced plans to speak on the "state of the 2016 presidential race" Thursday in Utah. Romney has moved aggressively to take on Trump in recent days, saying the billionaire's unreleased tax returns might contain "bombshells." But he was not expected to endorse a candidate or announce a late entry into the race himself.







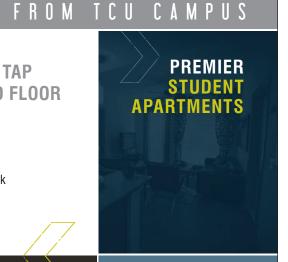


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academics

Options for core classes continues expanding

By Kaylee Bowers

CAMPUS@TCU360.COM

Students now have more options to fulfill their TCU core requirements.

Professors continue to develop classes that meet TCU's learning outcomes. Last semester, 30 classes were approved for core credit. This semester, an additional two were accepted, and another is under review, wrote Ed McNertney, the director of the TCU core curriculum, in an email.

The core curriculum is a set of required credits that TCU students must take to graduate.

The key to getting a course approved for the core curriculum is communication, said Blaise Ferrandino, a member of one committee that reviews the courses.

For a class to be approved, professors must submit a syllabus and a form detailing how the class meets the core category's student learning outcomes, Ferrandino said.

A learning outcome details what students should know or be able to do after completing a course, according to the TCU core curriculum website.

If a course does not match the learning outcomes,



KAYLEE BOWERS / TCU36

COMING SOON Dr. Theresa Gaul said her Intro to Native American Literatures class has been approved for literary traditions and cultural awareness.

the committee sends it back to the professor to explain the fit more clearly, Ferrandino said.

Dr. Theresa Gaul, Dr. Joseph Darda and Dr. Kara Dixon Vuic submitted this semester's courses, McNertney wrote.

Gaul said her Intro to Native American Literatures class has been approved for literary traditions and cultural awareness; Vuic said her War and Memory in American Culture class is being reviewed for writing emphasis. Darda had a course approved for humanities, McNertney wrote in an email.

"They're going to be doing it anyway, so they might as well get credit for it," Vuic said, referring to her students' writing.

Gaul said it's not enough for professors to talk about their ideas of meeting learning outcomes.

"There actually has to be a way in the class that you can measure that students are learning them," Gaul said.

The purpose of the core is to give students foundational knowledge, Ferrandino said.

When students are forced to leave their field of study, they can "contextualize what [they] do in a more global sense," Ferrandino said.

The core continuously expands as new professors come in and old professors start new courses, Vuic said.

Advising for the fall begins March 21, and enrollment opens March 28, according to TCU's academic calendar.

medical education

Neeley School of Business, UNTHSC will offer MBA

By Ryder Buttry

CAMPUS@TCU360.COM

TCU's foray into medical education and its partnership with the University of North Texas Health Science Center are not limited to a new medical school.

Beginning this summer, the Neeley School of Business and UNTHSC will offer a Master of Business Administration in health care.

The healthcare-focused MBA, in addition to TCU's new medical school, will add to TCU's graduate community and increase connectivity with institutions in the area, said William Cron, senior associate dean of graduate programs.

"The part that I get most excited about is the connections to the community on a graduate level," Cron said. "TCU is still known as an undergraduate institution. That's going to change with the medical school, and I think we will be able to ride that as well."

The 48-hour program will offer classes taught by both Neeley and UNTHSC professors. Cron said the program is designed to take about two years and



RYDER BUTTRY / TCU360

FURTHERING EDUCATION The Neeley School of Business and UNTHSC are teaming up to offer a health care MBA.

three months, but students can finish at their own

"More doctors and nurses have shown interest in the program than originally anticipated, but the class will be no larger than 15 students," Cron said.

Cron said the program will help students adapt to changes in the health care industry spurred by the Patient Protection and Affordable Care Act.

"If they raise their head from their daily work

at all, they'll see this is the direction it [the health care industry] is going into," Cron said. "There is no question it'll move in this direction where the [health care] provider takes over more of the management."

The healthcare MBA will put providers who are first-line managers in the position to move up to a director level or higher, benefitting the entire health care industry, Cron said.

city health

Mayor works to transform Fort Worth into FitWorth

By Sierra Tuthill

COMMUNITY@THE109.ORG

Texas is fat but Fort Worth is fighting the fluff. The 38th annual Cowtown Marathon in Fort Worth happened over the weekend, which coincides with Mayor Betsy Price's initiative to get Fort Worth fit. Price frequents Fort Worth ISD schools to talk about the importance of a healthy lifestyle and tweeted that this year 8,000 kids participated in the Cowtown.



With a 31.9 percent obesity rate, Texas is the 11th most obese state in America, according to the State of Obesity website. On top of having high obesity levels, Texas is also number seven in terms of physical inactivity.

However, the Fort Worth government has been fighting to get rid of these stereotypes.

In 2011, Betsy Price was elected into office as the mayor of Fort Worth. In that year, 34.4 percent of Texans were overweight, 35.3 percent



Betsy Price @MayorBetsyPrice · Feb 16

Thanks to @FitWorth 30,000 kids & teachers actively engaged in tracking healthy choices. Saw a 4% decrease in obese/overweight kids. #FWSoC



17 6



00

were obese and 24 percent were participating in no physical activity, according to the Governing website.

Mayor Price is leading a community effort to build a city that is focused on being fit, positive and productive. This effort resulted in FitWorth, a citywide initiative that focuses on a culture that values health first and provides action opportunities for the community.

Instead of participating in inactivity by sitting in a car on the way to work, sitting behind a desk or being a couch potato, Price believes in a community that naturally promotes physical activity throughout the day, according to her biography.

In 2009, obesity cost Texas businesses \$9.5 billion. The average total health cost for a child treated for obesity under private insurance is \$3,743, while the average health cost for all children covered by private insurance is \$1,108, according to a study from the Trust for America's Health. This is a \$2,635 difference.

FitWorth strives to save families this difference in money. FitWorth's behavior change up to \$1,317.50 in savings per child per year, according to its website. Given that FitWorth typically engages each child for up to one month, the direct savings is \$109.00 per child per month.

Also under Price's governance, Fort Worth has become more of a cycling community. Price initiated BikeFW, which is the city's comprehensive plan to promote bicycling as a transportation alternative.

The Fort Worth Bike Share program gained popularity in 2015, recording 41,657 rides and 11,239 riders, according to the city's website.

The bike share program offers residents 43 stations with 350 bikes are available for checkout. The stations are located throughout Downtown, TCU, the Stockyards, the Cultural District and the Trinity Trails. The bike stations look and act like an ATM machine and anyone can rent a bike for a few minutes or up to 24 hours

Mayor Price has promoted both the FitWorth program and her healthy lifestyle on social media. The FitWorth website also offers a schedule of upcoming events in Fort Worth. The next upcoming event is the FitWorth Restaurant Crawl Week.

'VICE CHANCELLOR' CONTINUED FROM PAGE 9



Baker

"I was just so overwhelmed with the sense of responsibility," she said.

In September 2013,
Boschini decided
to make the human
resources department
a standalone division
of the university. He
tagged Baker to become

the department's first

"When I came to this position, I did not have a human resources background," Baker said. "The chancellor asked me to come because of my institutional history, as well as my relational history with others at the university."

A million years

Baker said she had no problem with how much her job description changed.

"It happened so gradually... changing was never a problem for me," she said. "I could adapt."

Now, she'll have to adapt to a lighter load. Baker plans to spend her free time with her mother, husband, three children (including two TCU graduates) and eight grandchildren. A ninth is on the way.

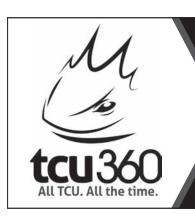
"We just felt that it was time," she said. Numerous co-workers have expressed their sadness in seeing Baker go.

"Karen Baker is a prime example of the unbeatable spirit of TCU employees," Boschini said. "Always willing to help others.... especially students."

When she first applied to work at TCU, Baker wasn't thinking about a career.

"When I came to work here as a typist 20 plus years ago, I would have probably said to you, 'I'm only going to work here four or five years,'" she said.

vice chancellor.



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The New Hork Times

Edited by Will Shortz

10 12 16 18 17 19 20 22 23 25 26 29 30 31 34 35 42 43 45 46 52 53 61 60 62 63 65 64 66 68 69

sudoku

							6	
	2		8					9
		9	1	4	2			
		2	7					1
8		4				3		6
8					9	2		
			5	8	4	6		
7					1		8	
	4							

directions:

Fill in the grid so that every 3x3 box, row. and column contains the digits 1 through 9 without repeating numbers. This solution to this sudoku can be found at: www.tcu360.com/ihaveto-

solution from 2/25

5	6	3	2	9	1	4	7	8
8	9	1	6	7	4		2	5
4	7	2	8	5	3	9	6	1
3	5	9	1	6	2	8		7
7	8	4	9	3	5	2	1	6
2	1	6			8	5	3	9
6	4		5	2	7	1	9	3
1	3	7	4	8	9	6	5	2
9	2	5	3	1	6	7	8	4

Who did TCU defeat at the Cotton Bowl Classic on January 1, 1937?

- a) SMU
- b) Rice
- c) Oklahoma
- d) Marquette

ACROSS

- 1 Stop daydreaming
- 7 Fowl territory?
- 11 Speaker's position?
- 14 Betray, in a way
- 15 Starting now
- 16 Bagel shop order
- 17 Lumberjack contests
- 18 Takes back
- 20 Response to "How'd you get the answer so fast?"
- 22 Boil
- 23 Dessert wine
- 24 Hirsuteness, for one
- 26 Both, for openers
- 29 Emulate Snidely Whiplash
- 31 Mineral suffix
- 32 Kind of separation
- 33 Twofold
- 35 Raises
- 36 Ostrichlike bird
- 39 Party staple suggested by connecting this puzzle's special squares
- 41 Mother of Eos and Selene

- 42 Available, as for work
- 44 Actress Laura of "ER"
- 46 "What ____ surprise!"
- 47 Good name, informally 48 Pillowcases
- 52 High-end Swiss watch
- 53 Candidate of 1992 and
- 55 Toolbar image
- 56 39-Across filler
- 58 Fishy deli order
- 60 Where service is lacking
- 63 Within walking distance, say
- 64 Approved
- 65 Church offering
- 66 It's found under an arch
- 67 Wide receiver Welker
- 68 Yellow stick
- 69 Became bitter

DOWN

- 1 Prepares to streak
- 2 Former liberal, informally
- 3 Present, groupwise

- 4 Like some skirts and lampshades
- 5 Tugboat's greeting
- 6 Word go
- 7 "Burlesque" co-star, 2010
- 8 Toddler's wear
- 9 This puzzle's special squares, e.g.
- 10 Van Gogh's "Portrait of Tanguy'
- 11 Seeker of the elixir of life
- 12 Monsieur Marceau spoke the only one in all of Mel Brooks's "Silent Movie"
- 13 G.I. suppliers
- 19 Big name in games
- 21 Fire safety measure
- 25 Drawing room?
- 27 Take a dip
- 28 Ingrid's "Casablanca" role
- 30 Souvenir of a Russian trip
- 32 Mutes, with "down"
- 34 Homeboy 35 Babe

- 36 Simba's warning
- 37 Dyeing wish?
- 38 Frequent trip takers
- 40 Cannabis-using
- 43 "Feed ____, starve ..."
- 45 Spa offering
- 47 Out-of-studio broadcast
- 49 Want in the worst way
- 50 Team leader's concern
- 51 Was obviously asleep
- 53 Homework assignee
- 54 Home of Carthage Palace
- 57 Words in an analogy
- 59 "Tsk, tsk" elicitor
- 60 Financial average
- 61 Just get (by)
- 62 One of TV's Huxtables

tcu trivia answer

d) Marquette

solution from 2/25



local business

Karmany Yoga expresses peace, love, laughter

By Beth Griffith

COMMUNITY@THE109.ORG

Karmany Yoga's donation-based philosophy is connecting members of the Fort Worth community, regardless of skill level or personal budget.

Located on Hulen Street, Karmany offers a simple and accessible space for people to practice yoga without any fear of judgment.

"We've stripped away the pretentious setting, pricey membership fees and restrictive class offerings that often end up excluding those who could benefit most from practicing yoga," according to Karmany Yoga's website.

Soft candlelight fills the room. Members, old and new, take off their shoes, stretch their toes across the hardwood floor and make their way to a small table in the corner where they anonymously submit a donation.

Elyse Calhoun, one of Karmany Yoga's instructors, says hello to everyone there. Aside from first-timers, she knows everyone's name.

Calhoun helps the newcomers find the equipment they will need, and helps set up their spot. Quiet chatter, laughter and soft music fill the room.

A calming community

Calhoun, who has been practicing yoga for five years, said the strong sense of community at Karmany can make any member feel welcome and at ease during class.

Newcomer Christine Kalina said she wasn't sure what to expect coming in, but the helpful and welcoming atmosphere made her feel comfortable trying new poses.

As Calhoun took the class through a variety of flows and poses, she moved around the room making sure everyone was comfortable. When members would fall during a pose, she'd lighten the mood and the class would respond by encouraging them to try again.

Every member at class had three words to say about Karmany: warm, friendly, and inviting.

That foundation, paired with a love for yoga, provides a way for people to truly connect, Calhoun said.

A "no pressure" payment plan

While community keeps members coming back, some said it's Karmany's innovative business model that first appealed to them.

Karmany is the only yoga studio in the Dallas/Fort Worth area that operations on a donation-only income.

Karmany has a suggested amount of \$15 per class, but Calhoun said that the price isn't required and visitors are only asked to give what they can.

There's no pressure, either, because donations are 100 percent anonymous.

"We would rather people come every day and spend \$2 than only come once a week and spend \$15," Calhoun said.

Calhoun said that more people and a wider range of people come to Karmany because they only have to pay what they can.

However, it didn't matter how old you were, what you looked like, or where you came from. All that mattered was sharing a mutual respect for each other and a love for yoga.

A common love

In fact, it was a pure love for yoga that inspired the owners to open Karmany studios, Calhoun said.

"The owners have their main jobs in the business field," Calhoun said. "But they love yoga, so they

decided to open their own studio."

A true love for the yoga practice is what built the studio. Members sharing that passion sustain it.

Practicing yoga can improve flexibility, muscle strength and tone, respiration, energy, vitality, cardio health, recovery time, and athletic performance, according to The American Osteopathic Association.

Will Taylor is a TCU alumn that has attended class three times a week for the past two years. He said that he used to lift and do cardio, but yoga has improved his fitness in an entirely different way.

On top of becoming more flexible physically, Taylor said he's learning to focus and control his body and breathing.

"I'm learning a lot on focusing and shutting off the world around me," Taylor said. "Less stress, more flexibility."

Svigos said that one of the biggest things she's gained from practicing yoga is strength.



CLASSES Bob Smith holds a yoga pose during a Thursday night class at Karmany Yoga. Classes are donation based and 100 percent anonymous.

"I love that feeling you get after," Svigos said. "I'm a lot stronger and more at peace. Yoga definitely gives you a positive energy."

With mindful movements and intentional synchronized breathing, yoga helps people focus on being in the moment and releasing stress that could be hidden in the mind or the body.

Beth Calhoun is a counselor during the day and said that practicing yoga is a valuable tool for her in de-stressing.

"I refer a lot of people to come here," Calhoun said. "The community is great and yoga has this ability to restore positive feelings, and it's

When teaching her class, Elyse consistently encouraged people to focus on being in the moment and let the movement match the

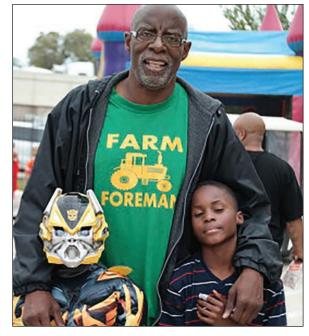
"It's so important for people to be present," Calhoun said. "When you can control your mind and your breath, you become more aware and find inner peace."

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community faith

Local organization offers 'HOPE' to fatherless boys





HOPE FARM

HOPE FARM The Christian nonprofit organization was co-founded by TCU alum Gary Randle and former Department of Public Safety Investigator Noble Crawford Jr.

By Hakim Zakaria

COMMUNITY@THE109.ORG

When Lyndell Thomas arrived at HOPE Farm at the age of five, his mother hoped that the organization would provide her son something that she couldn't: a father figure.

Eight years later, Thomas is a thirteen-year-old piano-enthusiast and an exemplar of the program's mission to "guide at-risk boys to become Christ-centered men of integrity."

HOPE (Helping Other People Excel) Farm is a Christian nonprofit organization co-founded in December of 1990, by TCU alum Gary Randle and former Department of Public Safety investigator Noble Crawford, Jr., to provide mentorship and discipleship to fatherless, at-risk African American boys in Fort Worth.

The aim of HOPE Farm is not only to cultivate boys into men through various programs, but also to partner with mothers in a joint effort to overcome the effects of fatherlessness: a prevalent issue in Fort Worth and throughout the nation.

The Parent Involvement Program (PIP) is a program designed by HOPE Farm to assist mothers of HOPE Farm mentees in parenting their sons as they grow up. The program provides parenting resources, health and nutrition forums led by health professionals, as well as finance and money management seminars conducted by financial planners.

For the mentees, HOPE Farms offers various programs aimed at developing them into men and providing with "positive alternatives to delinquent and gang-related activities." Programs include: daily Bible study, leadership development, character building, physical education and an academic approach catered to each boy's personal needs.

Gary Randle, who is originally from Riverside,

California, arrived in Fort Worth in 1975 on a basketball scholarship to TCU. Originally, his plans after TCU included playing in the NBA like his older brother Bob Rule, but after leaving the team due to an altercation with his head coach, Randle joined the Fort Worth police department as a juvenile investigator.

While growing up, Randle said that he had a strong relationship with his father. This relationship was a catalyst for starting HOPE Farm because during his time with the Fort Worth police department he "saw the need for African American kids to receive some type of assistance."

"The percentage of fatherless children is staggering. It's approaching 80 percent. Eighty percent is huge."

GARY RANDLE
CO-FOUNDER OF HOPE FARM

In the beginning, the organization accepted all boys, those who were fatherless and those who had fathers present in their lives. However, Randle said conflicts arose between the principles HOPE Farm was teaching the boys and what their fathers were teaching them, saying that these conflicts caused confusion in the mentees and caused inconsistencies.

HOPE Farm then narrowed its focus on fatherless, African American boys because there was a "void of a positive male role model" in their lives.

"The percentage of fatherless children is staggering," Randle said. "It's approaching 80 percent. Eighty percent is huge!" According to the National Center for Fathering, located in Shawnee Mission, KS, more than 20 million children live in a home without the physical presence of a father and millions more have dads who are physically present, but emotionally absent.

"If it were classified as a disease, fatherlessness would be an epidemic worthy of attention as a national emergency," according to the organization's website.

Of the 20 million children stated, African American children represent more than half, 57.6 percent, of the total fatherless population in America. In addition, 31.2 percent of Hispanic children, and 20.7 percent of white children are living absent of their biological fathers.

"In short, fatherlessness is associated with almost every societal ill facing our country's children," according the National Center for Fathering website.

In Fort Worth, fatherlessness presents a similar issue. The study cited a 2004 Tarrant County Public Health report that in the year 2000, 17 percent of the county's 371,565 families had no father present in the home. Furthermore, 23 percent of female-headed households fall below the poverty line. The report also concluded that female-headed households are twice as likely as male-headed households to be in poverty and five times as likely as married couple households.

Randle, who serves as HOPE Farm's executive director, said the organization combats fatherlessness by reaching boys as young as five years of age because it is easier to mold them.

Lyndell, otherwise known as Elijah to his peers, says that HOPE Farm has kept him out of trouble and has shown him God's plan for his life. He said that appreciates the impact of having a positive male figure in his life and commented on the impact of fatherlessness.

"There's nobody there to teach you what a man should do or how to be a godly man," Lyndell said.